

Health care when it is convenient for you. TelaDoc.

With the convenience of TelaDoc, you can speak with a licensed, board-certified physician anytime, 24/7. Each consultation is only \$35—which is less than the copay for a routine office visit!

TelaDoc is ideal for those times when you:

- Are suffering from non-emergency illnesses
- Cannot reach your primary care physician
- Need a short-term refill on a recurring prescription
- Are on vacation or a business trip

“*I had symptoms of what I thought was a sinus infection. I didn't want to leave work, so I decided to try TelaDoc. A physician called me back within 30 minutes and, after a brief consultation, he wrote me a prescription that I was able to pick up on my way home!*”

- Amy



Look for your TelaDoc welcome kit in the mail, then visit www.teladoc.com to complete the registration process.

Prior to using TelaDoc the first time, participants must complete a brief Medical History Disclosure (MHD).

For more information, call (800) TELADOC (835-2362).

- TelaDoc services are available to individuals and their dependents age 10 and older (effective 11/1/2008).
- TelaDoc does not replace a primary care physician.
- TelaDoc physicians do not prescribe DEA-controlled substances.
- TelaDoc is not available to residents of or in the state of Oklahoma.